



WE JUMP. WE SHOOT. WE SAVE.

HOOPS FOR HEART
"Shoot" to fight Heart Disease

On March 30th, our students will participate in our Hoops for Heart event. During this event, students will have an opportunity to participate in different basketball activities. **This year's event will take place during school hours.** We will celebrate all that we learned that day by participating in different basketball activities and share with other students one healthy habit they changed during the month of March.

Our 2017 goal is to have 200 students sign-up on-line to take the Zoo Club Challenge. This challenge has the students pledge to stay healthy by choosing one of the following: Drink more water, exercise more, eat more fruits & vegetables.

WHAT IS HOOPS FOR HEART:

- A fun and exciting time to play basketball for a healthy heart
- A time to teach children healthy food and exercise habits
- An opportunity for our school to help fight heart disease by collecting donations from family, friends, co-workers and neighbors....ask anyone you know!!!
- A time to help our community by giving the money we earn to the American Heart Association

HOW LONG DO WE HAVE TO COLLECT MONEY:

All donations (online or in the envelope) are due on March 30th.

HOW DO WE COLLECT DONATIONS:

- Read the warning signs to family and friend on the back on the donation envelope.
- After an adult has heard the risk factors, ask them to sign the form and make a donation.
- Thank them for making a donation & remind them to call 911 if they are having a heart attack!
- Go online and create a webpage to ask for donations...visit www.heart.org/hoops to get started.

THINGS TO REMEMBER:

- Please DO NOT allow students to go door to door.
- Put your child's name on the collection envelope and return donations in the envelope.
- Please do not send cash...write a check for any cash donations.

WHAT PARENTS CAN DO TO HELP:

- Help your child collect donations...either in the collection envelopes or online at www.heart.org/hoops
- Employee matching funds-many companies offer matching donations for the AHA-check at your work or at <http://www.matchinggifts.com/aha/> (this list is not inclusive)
 - Not only does the money help those individuals with heart disease but the money raised helps us earn gift certificates to purchase more equipment. By raising money and signing up on-line for the zoo club e-card challenge our school will receive additional funds to purchase P.E. equipment.

Our focus this year is making a commitment to staying health.

Our student goal is to have 200 student's sign-up for the Zoo Crew E-Card Challenge.
The challenge is to let 10 people know about a health choice you plan to take on during our Hoops for Heart unit.

!!! Please help us achieve our goal!!!

