



COVID-19 Vaccine Update

***Current as of March 15, 2022**

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OVERVIEW

- National and Local Data
- 5 Things to Know About COVID-19 Vaccine for Children Ages 5-11 Years
- Making Choices
- Health Beyond COVID-19



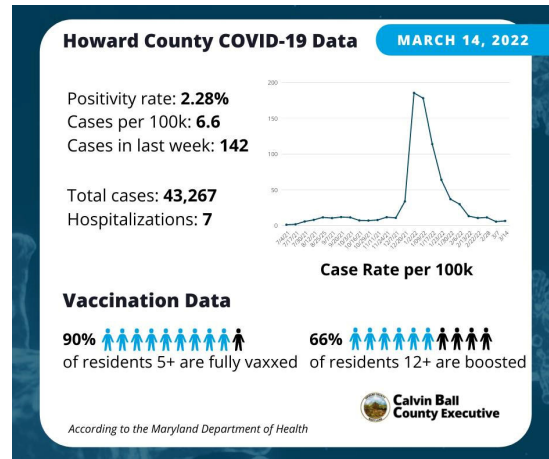
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COVID-19 VACCINATION IN HOWARD COUNTY (HC)

LOCAL COVID-19 IMPACT

- As of March 14, 2022, in Howard County, 349 members of our community have died.
- 90% of residents 5+ are fully vaccinated
- 66% of residents 12+ are boosted



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FULL IMAGE DESCRIPTION

Read from left to right and top to bottom

Howard County COVID-19 Data: March 14, 2022

- Positivity rate: 2.28%
- Cases per 100k: 6.6
- Cases in last week: 142
- Total cases: 43,267
- Hospitalizations: 7

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COVID-19 VACCINATION BY AGE IN HC AS OF MARCH 2, 2022

AGE GROUP	% w/At Least One Dose	% Fully Vaccinated	% Eligible w/Booster
5-11	69.3%	61.9%	51.1%
12-17	95%	91.7%	66.4%
12+	95%	93.4%	58.1%
Total Population	94.5%	84.9%	

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COVID-19 SYMPTOMS

Similar symptoms to previous variants:

- Runny Nose/Sneezing
- Headache
- Fatigue
- Sore Throat
- Body Aches

Can I still spread COVID-19 if I don't have symptoms or they are mild?

YES

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CORONAVIRUS MUTATION

- Variants are expected
- It is the nature of RNA viruses to evolve/change gradually
- For example, flu viruses change often, which is why doctors recommend that you get a new flu vaccine every year.

5 THINGS TO KNOW ABOUT THE COVID-19 VACCINE FOR CHILDREN AGES 5 THROUGH 11 YEARS

SAFE AND EFFECTIVE

- 69.4% of ≥ 5 years of age are fully vaccinated in the United States as of March 14, 2022
- mRNA technology is not new
- Vaccines authorized or approved by the Food and Drug Administration (FDA) have been thoroughly tested and found to be safe and effective in preventing severe COVID-19.
- COVID-19 vaccine safety monitoring has been the most intense and comprehensive in United States history and is ongoing.



CAN HELP SLOW THE SPREAD TO OTHERS

Vaccinating children ages 5 years and older can:

- Protect the entire family – including:
 - Siblings who are not yet eligible for vaccination
 - Family members who may be at increased risk
- Help them safely participate in sports, playdates, and other group activities.
- Protect those who medically cannot receive the vaccine

HAS COMMON SIDE EFFECTS

- On the arm where your shot got the shot.
 - Pain
 - Redness
 - Swelling
- Throughout the rest of their body:
 - Tiredness
 - Headache
 - Muscle pain
 - Chills
 - Fever
 - Nausea



DOSAGE IS SPECIFIC FOR AGE GROUPS

- The vaccine given to adults and teens cannot be given to children ages 5 through 11; however, they have the same [active ingredients](#).
- COVID-19 vaccine dosage varies by patient **age on the day of vaccination**, not by weight.
- Children will need a second shot of the Pfizer-BioNTech COVID-19 vaccine three weeks after their first shot.
- The COVID-19 vaccine can be given on the same day and time as other vaccines.

HELP REDUCE SERIOUS ILLNESS

- Vaccination can help keep children from getting seriously sick even if they do get COVID-19.
- Children who have already had COVID-19 should still get the vaccine.
- Multisystem Inflammatory Syndrome in Children (MIS-C):
 - A rare, but serious complication associated with COVID-19 in which different body parts can become inflamed.
 - Despite breakthrough cases and setbacks with Omicron, evidence continues to support the vaccination of ALL eligible children

MAKING CHOICES

MAKING CHOICES (1 OF 3)

Layered prevention strategies can slow the spread of COVID-19:

- **Get Vaccinated and Stay Up-to-Date with Your Vaccines**
 - Fully Vaccinated: A person has received the primary series of vaccine
 - Up-to-Date: A person has received the primary series of vaccine plus any boosters

- **Wear a Mask**
 - If you are sick or at the recommendation of your healthcare provider;
 - If you are around those whose vaccine status you don't know;
 - If it's required;
 - If you want to wear one.

MAKING CHOICES (2 OF 3)

- **Stay home** if you are not feeling well.
- **Test** if you have been exposed or have symptoms
- **Isolate** if you test positive;
- **Quarantine** if you are identified as a close contact, following CDC guidelines.

Find a COVID-19 testing site available in your community OR use a home test kit if available.

- [HCHD COVID-19 Testing Info](#)

MAKING CHOICES (3 OF 3)

Hearing from a community member, church member, neighbor, and friend remains one of the most effective methods to support others.

- **Approach conversation with an open mind** – conflicting feelings are normal
- **Listen for understanding** –
 - Be aware of your own feelings.
 - Focus on listening to the person rather than what you will say next or how you want to respond.
 - Meet others where they are – respectfully and honestly.

HEALTH BEYOND COVID-19

SELF-CARE (1 OF 3)

If you or someone you know feels overwhelmed or are in crisis:

- **CALL** the Grassroots Crisis Hotline: 410-531-6677
- **CALL** Maryland Crisis Connect: Dial 2-1-1, Press 1
- **TEXT** the Crisis Text Line (available 24/7): 741-741
- **VISIT** the [Crisis Text Line](#)



SELF-CARE (2 OF 3)

Senior Daily Call Check

- A free daily wellness call to any Maryland resident who is 65 years of age or older and has a landline phone or cell phone
- [Register online](#)
- Call 1-866-50-CHECK



SELF-CARE (3 OF 3)

Use **CAREAPP** to find help with food, housing, health and more!

1. Visit www.FindHCResources.org
2. Enter your ZIP code and select Search
3. Choose a category to browse local programs

CAREAPP is a free resource!



LOCAL HEALTH IMPROVEMENT COALITION

Become involved in our Coalition's efforts to help make Howard County communities healthy!

- Visit www.hclhic.org
- Facebook and Twitter: @hclhic
- [Join our Coalition](#)
- Sign up for our [newsletter](#)
- Email: LHIC@howardcountymd.gov

FOR MORE INFORMATION

[Howard County Vaccination Equity Plan](#)

[Howard County Dashboard – County COVID Data](#)

[Maryland Department of Health – State COVID Data](#)

COVID Vaccination Clinic/Testing Information

<https://www.howardcountymd.gov/health/covid-19-vaccine>

<https://www.howardcountymd.gov/covid-19-testing>



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WE WELCOME YOUR FEEDBACK



<https://www.surveymonkey.com/r/CommunityPresentation22>



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Thank you

