Girls on the Run

Spring season begins the week of

March 15

It's our 10th Birthday in 2020 and we're celebrating with a Birthday Bash 5K!

Girls on the Run is an afterschool program like no other! Twice per week for 10 weeks, girls will have fun, make friends, increase their physical activity and learn important social-emotional life skills. Trained coaches lead 3rd - 5th grade girls through interactive lessons and running activities. At the same time, they're also training for a 5K run in a creative, interactive and incredibly FUN way! Each team also completes a community impact project, demonstrating the power of kindness and caring. The season ends with a noncompetitive celebratory 5K event on Saturday, May 30, 2020 in Columbia, MD.

Register online starting February 9 at noon at www.GOTRcentralmd.org

Program Fee*: $175

*The total cost to deliver the program is $200 per girl, but thanks to the generosity of local donors and corporate sponsors, we can provide the program for $175. The fee covers all program costs including approximately 20 lessons, an official program t-shirt, 5K race registration, a 5K t-shirt, a water bottle, and a special 10th Anniversary 5K finisher's medal. For convenience, payment plans are available upon request.

This information is neither sponsored nor endorsed by HCPSS or the school.

Scholarships are available based on financial need. No girl is turned away!

Girls on the run
central maryland

Hey girls!

Join a club where it doesn't matter if you're fast or slow, just as long as you're having fun. At Girls on the Run, we play fun games and talk about things that are important to girls. Best of all, you'll make lots of friends who will like you just the way you are!